

Practical Aids in House Keeping

Ginger Water Ice.

Rather unusual is this frozen sweet, but some there be who pronounce it delicious. To make it prepare a plain lemon ice and flavor it strongly with the syrup of preserved ginger. When the ice is half frozen stir in chopped ginger in the desired quantity.

Grape Juice Frappe.

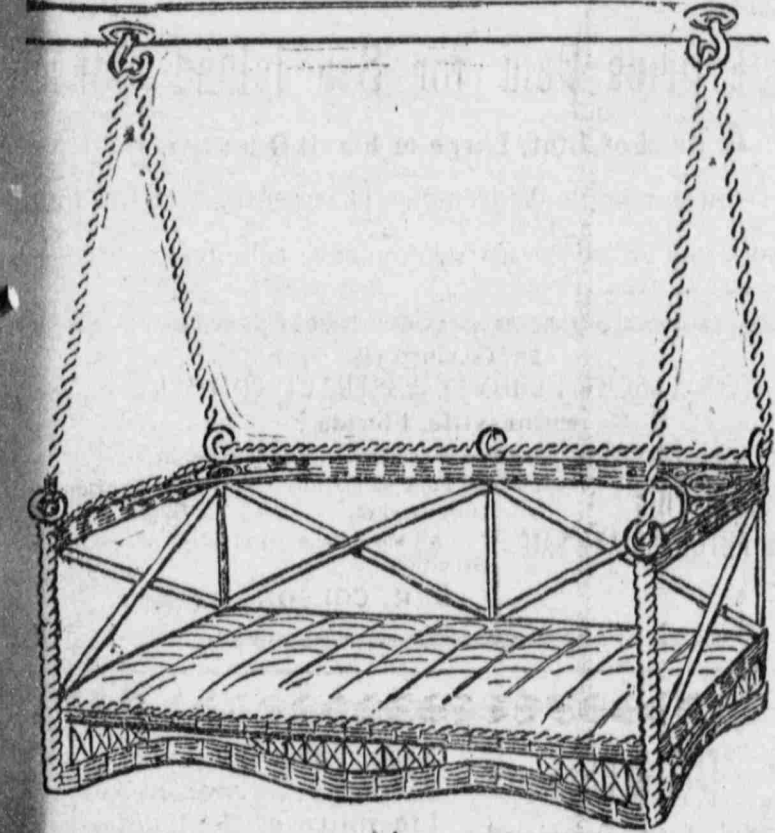
One pint of grape juice, one cupful of orange juice, and the juice of two lemons are required. Add two cupfuls of granulated sugar and four of water. Boil the sugar and water fifteen minutes and add the fruit juice. Strain, add a quart of ice water, and more sugar if necessary. Remember that ice is sweeter before they are frozen than afterwards. Do not freeze too hard.

Delicious Jellied Fruit.

Jellied fruit is a tempting dish on hot evenings. Arrange some fruit on a glass dish, having flavored each peeled fruit, or slice, with sweet fruit syrup, if you have it, and lemon juice. Set the dish on ice, and between each layer pour some lemon jelly that is in a semi-liquid state, pile the fruit, arranging it tastefully, and coat all with jelly. When quite set, scrape off with a spoon any jelly that has fallen into the dish, beat it with a silver fork, and arrange it over the fruit. Scatter chopped almonds over and serve.

A Wicker Hanging Seat.

For anything which is so generally admired as is the hanging seat, one finds it surprising that so few of them are in use. The cost no doubt is the cause. One may find plenty of seats built for two, just as comfortable if not as novel as this clever thing in wicker. This one measures seventy-six inches in length and thirty-four inches in depth. It is fitted with ropes and hooks and is very attractive for a sunny hall, a den or a broad porch. It prettily when stained a soft moss forest green, though a coat of red makes it a telling spot when the house is of gray stone or gray stone and weathered shingles. Natural wicker color is never out of the way, and it is cheaper and more lasting. Besides, it scrubs beautifully. Those who are fond of a hammock, but object to getting so mixed up that a



lighted down-coming is impossible, and these hanging seats especially to their mind. One may be wanted gently to and fro with positive dignity.

A New Cooking Utensil.

Among the latest labor-savers for the kitchen is the new patent wire lining for the saucepan, shown herewith. This handy little device is used for steaming and cooking vegetables, and does away with all the inconvenience (and possibly scaldings) of straining the vegetables. Besides, it cooks the



A WIRE LINING FOR THE SAUCEPAN.

vegetables perfectly without smashing or breaking.

This new lining has a strongly made saucepan top with cover complete, the bottom part is formed of wire laticing and fits the saucepan, while a lip or edge at the top of the wire prevents waste of heat and keeps the lining in place.

It is made in three sizes, to fit the different sizes of saucepans.

A Corner Closet.

While closet room is at a premium, says Good Housekeeping, an arrangement which is both convenient and ornamental is to nail to the wall two pine boards, meeting in a corner of a room, each board about two and one-half or three feet long. A corner shelf is then perfectly firm if simply laid across the upper edges. Hooks may then be screwed to the boards and to the upper edge of the shelf and draperies suspended in front of all. A "handy" woman has constructed such a closet for herself. With a little more expense the idea of a "corner" closet, a light

and

AGRICULTURAL.

Earth Worms.

Among agricultural workers perhaps the earth worm receives the least attention and consideration. Its value to the land is seldom appreciated. It bores through the soil, making little tunnels in every direction, thereby admitting the air and moisture not only to the soil but through the soil to the subsoil. During the process of boring it eats its way along, thereby grinding up the little particles of earth, rendering them finer and in better condition to retain moisture, especially what is known as film moisture, which feeds the tiny rootlets of plant life with soluble compounds that have been prepared in the great chemical laboratory of nature for this special purpose. On most of our farms large worms are the best but not the only subsoil workers in use—they are probably the most practical subsoilers that are at work on any farm.

Unclean Seeds.

Unclean seed has more to do with the distribution of weeds than all other causes combined. These are brought upon our farms in garden and field seed from foreign countries. Russian flaxseed is responsible for the introduction of Russian thistle, which first appeared upon a single farm, and now covers 40,000 square miles in the United States. Alfalfa, beet, turnip and other field and garden seeds imported from Europe are the potential cause for the contamination of our lands with farm weeds. Nor are the farmers of this country at all particular in saving their seeds, fields containing weeds often being set apart for seed crops, insuring the foulest seeds in many cases. And then, in the purchase of seeds, the farmer is not careful to buy pure seed only, but plants whatever some dealers offer him. Until these methods are done away with we must expect to have new pernicious weeds constantly appearing among our crops.

Use Some Paint.

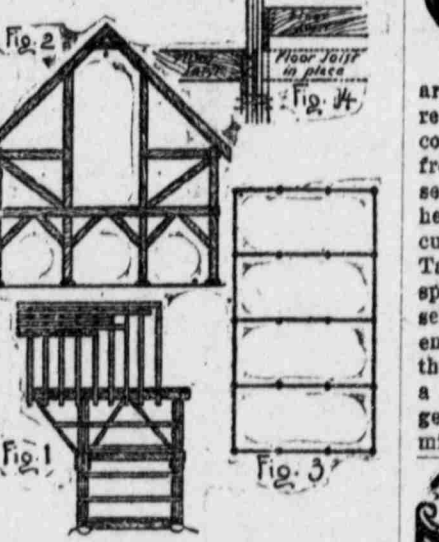
We often see farmers' wagons and sleighs nearly worn out before the second coat has been put on them. If some knew the exact loss in dollars and cents from their neglect, they would be almost frightened. The tires on an unpainted wagon will soon get loose while if they are kept painted they will remain tight much longer. We have seen many breakdowns caused by the tires running off, and in most cases the wheel is spoiled. One must watch closely, especially just before haying, and give the wheels a good coat of paint if it is needed. First soak the wheel up with water, then wash clean, then before they shrink back put on two coats of paint. This last painting will cause the tires to remain tight, and may save dollars at times when time is valuable. In my forty years' experience I have seen these things occur, and I practice what I recommend to others. Repainting wagons and sleighs saves their owners many dollars, especially when time is valuable, for instance in haying and harvesting time. If one is watchful, much loss may be averted.—C. W. Kellogg, in The Epitomist.

The Brace Frame Barn.

The accompanying four illustrations give detail of a brace frame barn forty by sixty-two feet, with twenty-four posts. The barn is built of two by six or two by eight inch scantlings throughout. There is not a single piece larger in the whole frame. The ground plan, Fig. 3, shows position of the pillars, twenty in number. These pillars are of stone or concrete. There are four bents in this barn, which may be arranged to suit the needs of the owner.

Fig. 1 gives in detail the method of framing. A single eave is shown complete, with part of the adjoining one. The rafters are also shown, as well as detail of the plate, spans, joist bearers, braces, nailing, girths, etc. Fig. 2 shows an end view of the manner of framing a single interior bent. The rafters may advantageously be lapped on the purlins, making them in two pieces, and spiked well together.

Fig. 4 shows detail of floor joists,



DETAILS OF A BRACE FRAME STRUCTURE, 40x62 FEET.

showing the manner of putting them in lengthwise of the building. They are two by eight, pretty close together and well bridged, while the joist bearers are two by twelve—two two by six placed side by side. The manner of spiking through the joist bearers to the ends of the floor joists, making the upper edges flush, saves a lot of head room. This is well illustrated in Fig. 4. The floor joists are spiked to the joist bearer before it is let down in place, then all are firmly spiked together.

The floor of a brace frame structure is best of concrete. A sill under floor is not rigid enough. If a wooden floor is used sills are best placed in between posts and spiked through after the manner of spiking the floor joists to joist bearers. The detailed specification and bill of lumber can be worked out by any carpenter worthy the name.—J. A. Macdonald, in Orange Judd Farmer.

Our Daily Walk.

It is estimated that every man walks two miles a day, if only stirring about his room or office.

HIS WOE.

"He's forever complaining of his hard luck. I wonder what's his idea of hard luck, anyway."

"It is merely his inability to fall into a soft snap."—Philadelphia Press.

CONTAMINATED.

"What a pure, serene face Miss Fairchild has!"

"Yes, she does look as though she had never been to the theatre in her life."

FITS permanently cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. 231 Arch St., Phila., Pa.

Yale professors will hereafter be retired from service, except in special cases, at sixty-eight years of age.

Ask Your Dealer For Allen's Foot-Ease. A powder. It cures the feet. Cures Corns, Bunions, Swollen, Sore, Hot, Calloused, Aching, Sweating Feet and Growing Nails. Allen's Foot-Ease makes new or tight shoes easy. At all drug stores and shoe stores. 25 cents. Accept no substitute. Sample mailed free. Address, Allen S. Olmsted, Lenoir, N. Y.

One good turn deserves another, but that is generally all it does.

James P. Cure for Consumption saved my life three years ago.—Mrs. Thomas Ross, Maple St., Norwich, N. Y., Feb. 17, 1903.

A man never quits being a boy until his mother dies.

Hair Falls

"I tried Ayer's Hair Vigor to stop my hair from falling. One-half a bottle cured me."

J. C. Baxter, Braidwood, Ill.

Ayer's Hair Vigor is certainly the most economical preparation of its kind on the market. A little of it goes a long way. It doesn't take much of it to stop falling of the hair, make the hair grow, and restore color to gray hair.

\$1.00 a bottle. All druggists.

If your druggist cannot supply you, send us one dollar and we will express you a bottle. Be sure and give the name of your nearest express office. Address, J. C. Ayer & Co., Lowell, Mass.

GOOD SUGGESTION.

Stubb—They advertise for a teacher at the young ladies' cooking school.

Penn.—Does the teacher have to sample what is cooked?

Stubb—Of course.

Then they had better engage an actress.—Chicago News.

FREE STUART'S

To all who suffer, or to the friends of those who suffer with Kidney, Liver, Heart, Bladder or Blood Diseases, a sample bottle of Stuart's Gin and Buchu, the great southern Kidney and Liver Medicine, will be sent absolutely free of cost. Mention this paper. Address ST. J. DRUG MFG CO., 28 Wall St., Atlanta, Ga.



Stands for Union Metallic Cartridges. It also stands for uniform shooting and satisfactory results.

Ask your dealer for U.M.C. ARROW and NITRO CLUB Smokeless Shot Shells.



The Union Metallic Cartridge Co., BRIDGEPORT, CONN.

Ripans Tablets are the best dyspepsia medicine ever made. A hundred millions of them have been sold in the United States in a single year. Every illness arising from a disordered stomach is relieved or cured by their use. So common is it that diseases originate from the stomach it may be safely asserted there is no condition of ill health that will not be benefited or cured by the occasional use of Ripans Tablets. Physicians know them and speak highly of them. All druggists sell them. The five-cent package is enough for an ordinary occasion, and the Family Bottle, sixty cents, contains a household supply for a year. One generally gives relief within twenty minutes.

The Randolph-Macon System Endowed Colleges and Correlated Schools

For particulars, address, stating age and sex of student, Chancellor WM. W. SMITH, A. M., LL. D., College Park, Lynchburg, Va.

Save Time and Money

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FOR WOMAN'S BENEFIT

SUMMER NEEDLEWORK.

Hints For Embroiders—Pretty Work on Shirtrwaists.

The use of embroidery is more extensive this season than it has ever been before. It appears in every conceivable form on gowns and dress accessories, as well as on all sorts of decorative and useful articles for the home. Some of these are so elaborate as to necessitate the work of an expert, but many of the simple stocks and linen trappings can be made with ease. The effect of these indispensable trifles depends not so much on the amount or style of embroidery employed as on the neatness and carefulness with which the work is done.

The stocks, which promise to be so popular this year, are usually made of pointed or a spider web. Small conventional flowers are also pretty, and should be padded, as follows:

Shirtrwaists, consisting of stock, cuffs, pleat and belt, are often done in the simple cross stitch. This is easy to do, and yet makes a stylish trimming. Embroidered bands are seen on all the smart shirtrwaists suits, and may easily be made by alternating spider webs or a simple conventional flower with groups of French knots. Yokes of butcher's linen done in the same way are also worn, the edges being finished with a linen band or button-holing.

Ribbon embroidery is greatly in evidence on handsome sofa cushions. The material used is generally silk moire in the very delicate shades. Forget-me-nots, rosebuds, violets or, in fact, any small flowers look extremely dainty when done in this way, and soft green moire, embroidered with daisies, makes a lovely cushion. The petals should be done with white ribbon, and the centers filled in solid with yellow French knots. The leaves look best embroidered with silk in the usual way.

In the case of embroideries done on white material, the background is often covered with darning in a pale shade, done in straight lines. This entirely changes the appearance of the piece, making it seem as if the silk thread were woven into the material. When the color of a piece is too vivid, it may be toned down by laying fine white or cream net over it. This is best accomplished by basting the net over the whole piece and then working right on top of it. The pictures on artists' satin sold for cushion tops may be much improved by this treatment.

Brown linen embroidered with large, showy flowers makes handsome centrepieces. Poppies and daffodils are admirable for this work. Green linen is also used, but the brown harmonizes better with the bright colors used in the design. Conventional designs in deep toned silks are also popular. These are done in fancy stitches, with a great deal of the Spanish-laid, such as is used on altar cloths. These centrepieces are particularly suitable for library tables, as they are in striking contrast to the dark wood, while the heavy, rich work is in keeping with the furnishings of such rooms. Frequently the edges of these pieces are finished by deep ecru lace, applied outside the button-holing.

Spanish-laid is probably the best stitch to use in making very large letters, or monograms, in silk. It is not nearly so difficult to do well as the regular initialing, and, besides, it offers splendid opportunity for good shading. Black satin, cut the same shape as a fraternity or class pin, with the figures worked in gold, makes a novel and attractive pillow for the college girl. It is edged with a golden yellow cord, and backed with satin of the same shade. The idea is to carry out the scheme of the pin as nearly as possible.—New York Tribune.



Flowers are now made of feathers. In bodices the bolero effect is paramount.

Togues are small and narrow and rather pointed.

The newest ribbons are sprinkled with embroidered flowers.

Cordings and gauchings have replaced tuckings at the top of skirts.

Burnt straw hats, trimmed in black, are worn to an almost tiring degree.

Petticoats are more elaborate than ever, and green seems to be the favorite color.

Pale blue, mauve and rose tints are leading favorites in linens, batiste and other wash fabrics.

Lace used on underskirts is nearly always in the form of insertion, as it can be sewed on to a foundation more easily.

Of fancy embroidered and quaintly shaped lawn and cambric stocks there is no end, but these trifles are by no means cheap.

A fetching hat is of white straw, trimmed with tulle, the touch of color being given by a spray of magenta bankia roses.

Floral painted tussors make up into the prettiest of summer frocks or blouses, with a soft chou and cointure of liberty silk for the requisite note of color.

A valuable adjunct to the finish of a dress is the sash. When long ends are not used the back of a belt is finished with a butterfly bow, crocheted cords or a cluster of silk bobbles.

British Railway Capital.

British railway capital has increased during the last ten years by no less than \$500,000,000.

PE-RU-NA IS OF ESPECIAL BENEFIT TO WOMEN

Says Dr. M. C. Gee, of San Francisco.

A CONSTANTLY increasing number of physicians prescribe Peruna in their regular practice.

It has proven its merits so thoroughly that even the doctors have overcome their prejudice against so-called patent medicines and recommend it to their patients.

"I Advise Women to Use Pe-ru-na," Says Dr. Gee.

Dr. M. C. Gee is one of the physicians who endorse Peruna. In a letter written from 213 Jones street, San Francisco, Cal., he says:

"There is a general objection on the part of the practicing physician to advocate patent medicines, but when any one medicine cures hundreds of people it demonstrates its own value and does not need the endorsement of the profession."

"Peruna has performed so many wonderful cures in San Francisco that I am convinced that it is a valuable remedy. I have frequently advised its use for women, as I find it insures regular and painless menstruation, cures leucorrhoea and ovarian troubles, and builds up the entire system. I also consider it one of the finest catarrh remedies I know of. I heartily endorse your medicine." M. C. Gee, M. D.

Mrs. E. T. Gaddis, Marion, N. C., is one of Dr. Hartman's grateful patients. She consulted him by letter, followed his directions, and is now able to say the following:

"Before I commenced to take Peruna I could not do any hard work without suffering great pain. I took Peruna, and can now do all the housework I have ever taken. Now I am as well as ever; I do all my own work and it never hurts me at all. I think Peruna is the best medicine for women kind."—Mrs. E. T. Gaddis.

Women are especially liable to pelvic catarrh, female weakness as it is commonly called.

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case, and he will be pleased to give you his valuable advice gratis. Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, Ohio.

The Mother Country.

How is it that titled Englishmen are constantly marrying American wives, while titled Englishwomen never marry American husbands? If this thing keeps on the English aristocracy in a generation or two will be able to refer to the United States as "the mother country."—Roller Monthly.

SORRY HE ASKED.

Tom—I say, Jack, what reason have you for wearing an automobile cap? You never ride in an automobile.

Jack—Oh, I suppose the reason is similar to the one you have been carrying a pocketbook.—Chicago News.

GET WELL—STAY WELL.

The thousands of people who are every day being made well by Doan's Kidney Pills and the free trial herewith offered make further delay, "Kidney neglect."

They correct urines with bright sediment, high colored, pain in passing, dribbling, frequency, bed wetting, Doan's Kidney Pills remove calculi and gravel. Relieve heart palpitation, sleeplessness, headache, nervousness, dizziness. Send for free trial box, mail this coupon to Foster-McClellan Co., Buffalo, N. Y. If space is insufficient, write address on separate slip.



Doan's Kidney Pills.

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